



# 28 Day Maintenance Challenge

Attention Ideal Protein Maintenance Clients:

- Do you have 10 lbs. or less to lose?

## **TUNE-UP WITH THE 28-DAY NO JUNK CHALLENGE**

Let Jessica, our Ideal Protein Coach help you

- 10 lbs. or less to lose
- Consultation Cost (\$49)
- 15-Minute Weekly Appointments (Complimentary)

**“We pick the foods, you get the results!”**

Call the office to schedule today!